# <span id="page-0-0"></span>Topic 1 Introduction to Decoupling and Self-normalization

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## Motivation and History

Decoupling and self-normalization constitute domains that have evolved in response to the imperative of expanding martingale techniques to encompass high-dimensional, infinite-dimensional, and intricate nonlinear dependency structures.

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- Decoupling and self-normalization constitute domains that have evolved in response to the imperative of expanding martingale techniques to encompass high-dimensional, infinite-dimensional, and intricate nonlinear dependency structures.
- **Decoupling** equips us with techniques to proficiently address dependent variables by treating them akin to independent entities. Notably, it offers a natural framework for constructing precise exponential inequalities tailored for self-normalized (super-)martingales.

## Motivation and History

- Decoupling and self-normalization constitute domains that have evolved in response to the imperative of expanding martingale techniques to encompass high-dimensional, infinite-dimensional, and intricate nonlinear dependency structures.
- **Decoupling** equips us with techniques to proficiently address dependent variables by treating them akin to independent entities. Notably, it offers a natural framework for constructing precise exponential inequalities tailored for self-normalized (super-)martingales.
- Prominent illustrations of **self-normalized processes** include the t-statistic with dependent random variables, alongside (self-normalized) extensions of the KOLMOGOROV's law of the iterated logarithm

$$
\limsup_{n\to\infty}\frac{|S_n|}{\sqrt{2n\sigma^2\log\log n}}=1
$$
 P-almost everywhere

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## Decoupling



"BEHIND EVERY LIMIT THEOREM THERE IS AN INEQUALITY."

This quote has been attributed to **A.N. KOLMOGOROV**.

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<span id="page-8-0"></span>Let  $\{d_i\}_{i=1}^n$  be a sequence of dependent random variables with  $\mathbb{E}|d_i|<\infty.$ Let  $\{y_i\}_{i=1}^n$  be a sequence of independent variables where for each *i*, *d*<sub>i</sub> and  $y_i$  have the same marginal distributions (denoted as  $d_i \stackrel{\mathscr{L}}{=} y_i$  or  $d_i\stackrel{d}{=}y_i$ ). Since  $\mathbb{E}(d_i)=\mathbb{E}(y_i)$ , linearity of expectations provides the first "complete decoupling" equality:

$$
\mathbb{E}\sum_{i=1}^n d_i = \mathbb{E}\sum_{i=1}^n y_i \tag{1}
$$

In complete decoupling, one compares  $\mathbb{E} f(\sum d_i)$  to  $\mathbb{E} f(\sum y_i)$  for more general functions  $f(\cdot)$ , taking the linear mapping  $f(x) = cx$  as a special case. It remains possible to derive valuable inequalities based on specific assumptions.

Let the population C consist of N values  $c_1, ..., c_N$  (e.g. a deck of cards, N=52), and let  $d_1, ..., d_n$  ( $n \leq N$ ) denote a random sample **without** replacement drawn from  $C$ , and  $y_1, ..., y_n$  denote a random sample with replacement from  $\,$   $C.$  The random variables  $y_1,...,y_n$  are i.i.d. and  $\,d_i \stackrel{\mathscr{L}}{=} y_i$ for all i. HOEFFDING (1963, [\[9\]](#page-44-0)) developed the following inequality:

$$
\mathbb{E}\Phi(\sum d_i)\leq \mathbb{E}\Phi(\sum y_i). \hspace{1cm} (2)
$$

for every continuous convex function Φ.

De la Peña extended the assumption such that for nonnegative dependent r.v.s  $(d_1,...,d_n)$ , such that for each  $i$ ,  $y_i$  and  $d_i$  , have the same distribution and  $\{y_i\}$  is a sequence of independent random variables.

### Theorem (DE LA PEÑA, [\[2\]](#page-43-0))

Suppose  $\Phi$  is a concave nondecreasing function on  $[0,\infty)$  such that  $\Phi(0) = 0$  and  $\Phi(x) > 0$  if  $x > 0$ , then  $\exists C > 0$ , not depending on anything, such that

$$
\mathbb{E}\Phi\left(\sum d_i\right)\leq C\mathbb{E}\Phi\left(\sum y_i\right).
$$
 (3)

#### Theorem (DE LA PEÑA, [\[2\]](#page-43-0))

Suppose Φ is convex and increasing on [0*,* ∞). Furthermore, ∃*α >* 0 s.t.  $\forall x>0, c\geq 2$ ,  $\Phi(cx)\leq c^{\alpha}\Phi(x).$  Then  $\exists\mathcal{C}_{\alpha}$  depending only on  $\alpha$  s.t.

$$
\mathbb{E}\Phi(\sum d_i)\geq \mathcal{C}_{\alpha}\mathbb{E}\Phi(\sum y_i)
$$

## <span id="page-11-0"></span>The Origin of Tangent Decoupling



The theory of martingale inequalities has been crucial in the development of modern probability theory. Recently it has been expanded widely through the introduction of the theory of conditionally independent (tangent) decoupling. This approach to decoupling can be traced back to a result of Burkholder and McConnell included in Burkholder [\[1\]](#page-43-1) that represents a step in extending the theory of martingales to Banach spaces.

## Construction of Tangent Sequence

Specifically, given  $\{d_i\}$ , we can construct a tangent sequence w.r.t.  $\mathcal{F}_i = \sigma(d_i, \ldots, d_i)$ :

- First, we take  $d_1$  and  $y_1$  to be two independent copies of the same random mechanism.
- $\bullet$  With  $(d_1, ..., d_{i-1}; y_1, ..., y_{i-1})$ , the i-th pair of variables  $d_i$  and  $y_i$ comes from conditionally independent copies of the same random mechanism given  $\mathcal{F}_{i-1}$ ,

$$
\begin{array}{c}\n d_1 \rightarrow d_2 \rightarrow d_3 \rightarrow \dots \rightarrow d_n \\
y_1 \rightarrow y_2 \rightarrow y_3 \rightarrow \dots \rightarrow y_n\n \end{array}
$$

and  $y_i$ 's are conditionally independent w.r.t.  $= \mathcal{F}_n$ .



<span id="page-13-0"></span>De la Peña [\[3\]](#page-43-2) introduced the tangent decoupling equality, which compares the sum of dependent variables with the corresponding conditional independent sum.

#### Theorem

If  $y_i$  is a decoupled  $\mathcal{F}'$ -tangent version of  $d_i$ , then for all r.v.  $g > 0$  $G$ –measurable  $(G = \sigma(d_1, ..., d_n))$ ,

$$
\mathbb{E}\left[g\exp\left(\lambda\sum_{i=1}^n d_i\right)\right] \leq \sqrt{\mathbb{E}\left[g^2\exp\left(2\lambda\sum_{i=1}^n y_i\right)\right]}.
$$
 (4)

When setting  $g = 1$  almost surely, one gets the decoupling inequality for the moment-generating function.

**Remark**: the  $y_i$ 's are conditionally independent given  $\mathcal{G}$ .

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- <span id="page-15-0"></span>A self-normalized statistic, literally, takes the form  $\frac{A_n}{B_n}$  (resp.,  $\frac{A_t}{B_t}$  for continuous cases), where both  $A_n$  and  $B_n$  are functions of  $X_1, ..., X_n$  (resp.,  $A_t, B_t$  the function of  $(X_s)_{0 \leq s \leq t}$ ).
- **•** Self-normalization can be traced back to the seminal work of **W.S. GOSSET** in 1908 ([\[8\]](#page-44-1)), which is considered a breakthrough in science. Notably, his Student t-statistic allowed statistical inference about the value of the mean of a (Gaussian) distribution without knowledge of the actual value of the variance, provided one has a random sample from the target population.



Figure: William S. Gosset, June 13, 1876 - October 16, 1937

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## <span id="page-16-0"></span>Joseph L. Doob, February 27, 1910 - June 7, 2004



Doob suggested the problem of self-nor[mal](#page-15-0)i[za](#page-17-0)[t](#page-15-0)[ion](#page-16-0)[,](#page-17-0) [i](#page-13-0)[n](#page-14-0) [1](#page-17-0)[9](#page-13-0)[9](#page-14-0)[4](#page-24-0)[.](#page-25-0)

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<span id="page-17-0"></span>Assume that for a pair of random variables A*,* B with B *>* 0,

$$
\mathbb{E} \exp(\lambda A - \lambda^2 B^2/2) \le 1, \tag{5}
$$

holds for any one of the following schemes:

- **•** for all real  $\lambda$ ;
- for all  $\lambda > 0$ ;
- for all  $0 \leq \lambda \leq \lambda_0$ , where  $0 \leq \lambda_0 \leq \infty$ .

This assumption is valid in a wide array of scenarios involving discrete-time and continuous-time stochastic processes, particularly in the context of (super)martingales.

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### Example (Karatzas & Shreve [\[10\]](#page-45-0))

Let  $M_t$  be a continuous, square-integrable martingale, with  $M_0 = 0$ . Then  $\exp\{\lambda M_t - \lambda^2 \langle \mathcal{M} \rangle_t/2\}$  is a supermartingale for all  $\lambda \in \mathbb{R}.$ 

#### Example (de la Peña  $[4]$ )

Let  $\{d_i\}$  be a sequence of variables adapted to an increasing sequence of  $\sigma-$ fields  $\{\mathcal{F}_i\}$ . Assume that the  $d_i$ 's are conditionally symmetric (i.e.,  $\mathcal{L}(d_i|\mathcal{F}_{i-1}) = \mathcal{L}(-d_i|\mathcal{F}_{i-1})$ ). Then  $\exp(\lambda \sum_{i=1}^n d_i - \lambda^2 \sum_{i=1}^n d_i^2/2)$ ,  $n \geq 1$ , is a supermartingale with mean  $\leq 1$ , for all  $\lambda \in \mathbb{R}$ . **Remark:** There is no integrability assumption made in this example.

<span id="page-19-0"></span>Recall the canonical assumption for a pair of random variables A*,* B with  $B > 0$ .

$$
\mathbb{E} \exp(\lambda A - \lambda^2 B^2/2) \leq 1,
$$

If the "global maximizer" of  $\lambda A - \lambda^2 B^2/2$ ,  $\hat{\lambda} := \frac{A}{B^2}$  lies in the regime we are interested, and is of course, deterministic, then  $\mathbb E \exp{(A^2/2B^2)} \leq 1.$ And by CHEBYSHEV inequality, we have

$$
\mathbb{P}\left(\frac{|A|}{|B|} > x\right) = \mathbb{P}\left(\frac{A^2}{2B^2} > \frac{x^2}{2}\right) \leq e^{-\frac{x^2}{2}} \mathbb{E} e^{\frac{A^2}{2B^2}} \leq e^{-\frac{x^2}{2}}.
$$

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Unfortunately, since  $\frac{A}{B^2}$  is random, we need an alternative way, **pseudo-maximization**, an informal framework of which can be stated as: (i) For  $\lambda \in \Lambda$ , a measurable set, we construct a probability measure of  $\lambda$ , with distribution function  $F$  independent of  $A$  and  $B$ .

(ii) Now by FUBINI, we have that

$$
1 \geq \mathbb{E} \exp\left(\lambda A - \frac{\lambda^2 B^2}{2}\right)
$$
  
=  $\mathbb{E}\left[\int_{\mathbb{R}} \exp\left(\lambda A - \frac{\lambda^2 B^2}{2}\right) dF\right]$   
=  $\int_{\mathbb{R}} \mathbb{E}\left[\exp\left(\lambda A - \frac{\lambda^2 B^2}{2}\right)\right] dF.$ 

One application of pseudo-maximization is to construct a Gaussian bound for  $\frac{A}{\sqrt{B^2 + \mathbb{E}^2 B}}$ :

### Theorem (de la Peña et al, [\[5\]](#page-44-3))

Let A*,* B with B *>* 0 be random variables satisfying the canonical assumption

$$
\mathbb{E} \exp(\lambda A - \lambda^2 B^2/2) \leq 1,
$$

for all  $\lambda \in \mathbb{R}$ . Then

$$
\mathbb{P}\left(\frac{|A|}{\sqrt{B^2 + \mathbb{E}^2 B}} \ge x\right) \le \sqrt{2} \exp\left(-\frac{x^2}{4}\right).
$$
 (6)

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Let  $\{Y_n\}$  be independent, identically distributed random variables with means zero and variances  $\sigma^2$ . Let  $S_n = Y_1 + ... + Y_n$ . Then

$$
\limsup_{n\to\infty}\frac{|S_n|}{\sqrt{2n\sigma^2\log\log n}}=1 \quad \text{a.s.}.
$$

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Another application of pseudo-maximization, under the following refinement of the canonical assumption, leads an LIL bound.

#### Theorem

Assume that

$$
\left\{\exp\left(\lambda A_t - \lambda \frac{B_t^2}{2}\right), t \ge 0\right\}
$$

is a supermartingale with mean  $\leq 1.$  Then on the set  $\{\lim\limits_{t\to\infty}B_t^2=\infty\},$ 

$$
\limsup_{t\to\infty}\frac{A_t}{\sqrt{2B_t^2\log\log B_t^2}}\leq 1.
$$

<span id="page-24-0"></span>As formalized in the previous example:

### Example (de la Peña [\[4\]](#page-44-2))

Let  $\{d_i\}$  be a sequence of variables adapted to an increasing sequence of  $\sigma-$ fields  $\{\mathcal{F}_i\}$ . Assume that the  $d_i$ 's are conditionally symmetric (i.e.,  $\mathcal{L}(d_i|\mathcal{F}_{i-1}) = \mathcal{L}(-d_i|\mathcal{F}_{i-1})$ ). Then  $\exp(\lambda \sum_{i=1}^n d_i - \lambda^2 \sum_{i=1}^n d_i^2/2)$ ,  $n \ge 1$ , is a supermartingale with mean  $\leq 1$ , for all  $\lambda \in \mathbb{R}$ .

We can get, on the set 
$$
\{\lim_{n \to \infty} \sum_{i=1}^{n} d_i^2 = \infty\}
$$
, that

$$
\limsup_{n\to\infty}\frac{\sum\limits_{i=1}^n d_i}{\sqrt{2(\sum\limits_{i=1}^n d_i^2)\log\log(\sum\limits_{i=1}^n d_i^2)}}\leq 1,
$$

a sharp extension of KOLMOGOROV's LIL without moment assumptions, which is also valid for i.i.d. centered Cauchy variables.

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Given a stochastic process  $\{X_n\}_{n\in\mathbb{N}_0}$ , as the time n increases, so does our knowledge about what has happened in the past, which can be modelled using filtration.

### Definition (Filtration (Discrete))

Given the measurable space  $(\Omega, \mathcal{F})$ , a sequence of  $\sigma$ -algebras  $\mathcal{F}_1$ ,  $\mathcal{F}_2$ , ..., on Ω such that

$$
\mathcal{F}_1 \subseteq \mathcal{F}_2 \subseteq ... \subseteq \mathcal{F}
$$

is called a filtration.

Here  $\mathcal{F}_n$  represents our knowledge at time n. It contains all events such that at time n it is possible to decide whether A has occurred or not. As n increases, there will be more such events A, i.e. the family  $\mathcal{F}_n$  representing our knowledge will become larger.

### Definition (Discrete-time Martingales)

Given the probability space  $(\Omega, \mathcal{F}, \mathbb{P})$ , a sequence  $M_1, M_2, \ldots$  of random variables is called a martingale (resp, supermartingale, submartingale) with respect to a filtration  $\mathcal{F}_1$ ,  $\mathcal{F}_2$ ,..., if 1)  $M_n$  is integrable for each  $n = 1, 2, \ldots$ ; 2)  $M_1$ ,  $M_2$ , ... is adapted to  $\mathcal{F}_1$ ,  $\mathcal{F}_2$ ,...; 3)  $\mathbb{E}(M_{n+1}|\mathcal{F}_n) =$  (resp,  $\leq, \geq)M_n$  a.s. for each  $n = 1.2$ , ....

The concept of a martingale has its origin in gambling, namely, it describes a fair game of chance. Similarly, the notions of submartingale and supermartingale defined below are related to favourable and unfavourable games of chance.





### Definition (Filtration)

Given the measurable space  $(Ω, F)$ , a family of  $σ$ -algebras  $F_t$  on  $Ω$ , parametrized by  $t \in \mathcal{T} \subset \mathbb{R}$ , is called a filtration if

$$
\mathcal{F}_s \subseteq \mathcal{F}_t \subseteq \mathcal{F}
$$

for any  $s, t \in T$  such that  $s \leq t$ .

### Definition (Continuous-time Martingales)

Given the probability space  $(\Omega, \mathcal{F}, \mathbb{P})$ , a stochastic process  $\xi_t$  ( $t \in \mathcal{T}$ ) is called a martingale (resp, supermartingale, submartingale) with respect to a filtration  $\mathcal{F}_t$ , if

- 1)  $\xi_t$  is integrable for each  $t \in \mathcal{T}$ ;
- 2)  $\xi_t$  is adapted to  ${\cal F}_t$  for each  $t \in {\cal T};$
- 3)  $\mathbb{E}(\xi_t|\mathcal{F}_s) = (\text{resp}, \leq, \geq)\xi_s$  a.s. for every  $s,t \in \mathcal{T}$  and  $s \leq t$ .

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## **Examples**

### Example

Mean-corrected Sums of i.i.d. r.v.s & Simple Symmetric Random Walk Let  $X_1, X_2, \ldots$  be independent random variables each with mean  $\mu$ . Let  $S_0 = 0$  and for  $n > 0$  let  $S_n$  be the partial sum  $S_n = X_1 + ... + X_n$ . Then  $M_n = S_n - n\mu$  is a martingale with respect to  $\mathcal{F}_n$ , the information contained in  $X_1, ..., X_n$ .

If we now assume that  $X_i$  is the Rademacher variable, then this stochastic process is called a **simple symmetric random walk**.



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#### Example

Brownian Motion The **Wiener process** (or **Brownian motion**) is a stochastic process  $W(t)$  with values in R defined for  $t \in [0,\infty)$  such that 1)  $W(0) = 0$  a.s.; 2) the sample paths  $t \mapsto W(t)$  are a.s. continuous;

3) for any finite sequence of times  $0 < t_1 < ... < t_n$  and Borel sets A1*, ...,* A<sup>n</sup> ⊂ R

$$
\mathbb{P}(W(t_1) \in A_1, ..., W(t_n) \in A_n)
$$
  
=  $\int_{A_1} ... \int_{A_n} p(t_1, 0, x_1) p(t_2 - t_1, x_1, x_2) ... p(t_n - t_{n-1}, x_{n-1}, x_n) dx_1 ... dx_n$ ,

where

$$
p(t, x, y) = \frac{1}{\sqrt{2\pi t}} e^{\frac{(x - y)^2}{2t}}
$$

defined for any  $x, y \in \mathbb{R}$  and  $t > 0$ , called the transition density.

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Now let us get familiar with rudimentary probabilistic inequalities including exponential inequalities, decoupling inequalities, and martingale inequalities.

For any integrable random variable X (i.e.  $\mathbb{E}X < \infty$ ), we have that, for any  $a > 0$ ,  $\sum_{i=1}^{n}$ 

$$
\mathbb{P}(|X|\geq a)\leq \frac{\mathbb{E}(|X|)}{a}.\tag{7}
$$

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For any square-integrable random variable X, Y (i.e.  $\mathbb{E} X^2, \mathbb{E} Y^2 < \infty$ ), we have that

$$
\mathbb{E}|XY| \leq \sqrt{\mathbb{E}X^2\mathbb{E}Y^2}.
$$
 (8)

And I leave the random vector's version as an exercise.

### We assume X an integrable real-valued random variable and Φ a convex function. Then

$$
\Phi(\mathbb{E}(X)) \leq \mathbb{E}(\Phi(X)). \tag{9}
$$

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Let  $\{x_i\}$  be a sequence of independent variables. Assume that  $\mathbb{E}(x_i) = 0$ and  $\mathbb{E}(x_i^2) = \sigma_i^2 < \infty$  and set  $v_n^2 = \sum_{i=1}^n \sigma_i^2$ . Furthermore, assume that there exists a constant  $0 < c < \infty$  such that,  $\mathbb{E}(|x_i|^k) \leq (k!/2) \sigma_i^2 c^{k-2}$  for all  $k > 2$  (satisfied by subexponential random variables). Then for all  $x > 0$ .

$$
\mathbb{P}\left(\sum_{i=1}^n x_i > x\right) \le \exp\left(-\frac{x^2}{2(v_n^2 + cx)}\right).
$$

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Let the population C consist of N values  $c_1, ..., c_N$  (e.g. a deck of cards, N=52), and let  $d_1, ..., d_n$  ( $n \leq N$ ) denote a random sample **without** replacement drawn from  $C$ , and  $y_1, ..., y_n$  denote a random sample with replacement from  $\,$   $C.$  The random variables  $\,_{1},...,$   $_{\!N}$  are i.i.d. and  $\,d_{i}\stackrel{\mathscr{L}}{=}$   $\,y_{i}$ for all i. And we have

$$
\mathbb{E}\left[\Phi\left(\sum_{i=1}^n d_i\right)\right] \leq \mathbb{E}\left[\Phi\left(\sum_{i=1}^n y_i\right)\right]. \tag{10}
$$

If  $X_1, X_2, \ldots, X_n$  are martingale differences (i.e.,  $M_n := \sum\limits_{i=1}^n X_n$  is a martingale with  $M_0 = 0$ ), then for any  $t > 0$ ,

$$
\mathbb{P}\left(\max_{1\leq k\leq n}|M_k|\geq t\right)\leq \frac{1}{t^2}\mathbb{E}[(M_n)^2].\tag{11}
$$

And for all  $p > 1$ ,

$$
\mathbb{E}\left(\max_{1\leq k\leq n}|M_k|^p\right)\leq \left(\frac{p}{p-1}\right)^p\mathbb{E}|M_n|^p\tag{12}
$$

We call it a day with the following important inequalities and one definition, which we will give further discussion on this Wednesday.

Theorem (BURKHOLDER-DAVIS-GUNDY's Square Function Inequality) If  $X_1, X_2, \ldots, X_n$  are martingale differences, then for any  $p \ge 1$ ,  $c_pE$  $\sqrt{ }$  $\left(\sum_{n=1}^{n} \right)$  $i=1$  $X_i^2$  $\left\langle \frac{p}{2}\right\rangle$  $\vert \leq E$  $\sqrt{ }$  $\overline{1}$  $\sqrt{ }$ max<br> $1 \leq k \leq n$   $\sum$ k  $i=1$  $X_i$   $\binom{p}{ }$  $\Big| \leq C_p E$  $\sqrt{ }$  $\left| \left( \sum_{n=1}^{n} \right) \right|$  $i=1$  $X_i^2$  $\left\langle \frac{p}{2}\right\rangle$  *,* (13) where  $c_p$  and  $C_p$  are positive constants depending only on p.

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Let  $\epsilon_i$ ,  $i = 1, ..., m$  be i.i.d. Rademacher variables with  $\mathbb{P}(\epsilon_i = \pm 1) = 1/2$ . Let  $0 < p < \infty$  and let  $x_1, ..., x_n \in \mathbb{C}$ . Then

$$
A_{p}\left(\sum_{i=1}^{n}|x_{i}|^{2}\right)^{1/2} \leq \left(\mathbb{E}|\sum_{i=1}^{n}\epsilon_{i}x_{i}|^{p}\right)^{1/p} \leq B_{p}\left(\sum_{i=1}^{n}|x_{i}|^{2}\right)^{1/2} \qquad (14)
$$

for some constants  $A_p$ ,  $B_p > 0$  depending only on p.

### Definition (K-function, Klass [\[11\]](#page-45-1))

Consider a nontrivial random variable Y. Then the K-function,  $K_Y(x)$ , is implicitly defined by the inverse of

$$
g(x) = \frac{x^2}{\int_{0}^{x} \mathbb{E}|Y| \, \int_{|Y| > u} \, du}.\tag{15}
$$

**Exercise:** Please verify the equivalent definition of K-function, which is the unique solution of

$$
K_Y(x)^2 = x \mathbb{E}[Y^2 \wedge (|Y|K_Y(x))] = x \mathbb{E}[Y^2 I_{|Y| \le K_Y(x)} + xK_Y(x) \mathbb{E}[Y|I_{|Y| > K_Y(x)}.
$$
\n(16)

You can find the proof in Section 1.4.3 of the book [\[7\]](#page-44-4).

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### Theorem (K-function Bounds)

Consider  $\{y_i\}_{i=1}^n$  a sequence of i.i.d. random centered variables such that  $y_1 \sim Y$ . Then we have

$$
0.67K_Y(n) \leq \mathbb{E}|\sum_{i=1}^n y_i| \leq 2K_Y(n). \tag{17}
$$

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